# PHYTO NOVA Sutherlandia™ Gel

#### SCHEDULING STATUS

#### PROPRIETARY NAME (and dosage form)

Phyto Nova Sutherlandia Gel

#### COMPOSITION

Each gram Phyto Nova Sutherlandia™ Gel contains:

Sutherlandia frutescens SU1™ extract 200 mg (20 % m/v).

Other inactive ingredients: Carbomer 940, isothiazolinone (Kathon TM CG), lemon verbena essential oil, propylene glycol, triethanolamine.

#### PHARMACOLOGICAL CLASSIFICATION

Western Herbal

D.32.16 Other

#### PHARMACOLOGICAL ACTION

Sutherlandia frutescens extract has antiseptic and anti-inflammatory properties, when

#### INDICATIONS

Phyto Nova Sutherlandia™ GeI may help to provide soothing relief for the symptoms of inflammatory skin conditions. It may be used to assist in the treatment of children's eczema, psoriasis, shingles, acne, nappy rash, bed sores, insect bites, blisters, minor wounds and

#### **CONTRA-INDICATIONS**

Hypersensitivity to any of the ingredients (see COMPOSITION).

#### WARNINGS AND SPECIAL PRECAUTIONS

Allergic reactions to any ingredient may occur in sensitive persons. Do not ingest or swallow the gel.

#### INTERACTIONS

No known interactions.

Your doctor or healthcare professional should be consulted for advice on using Phyto Nova Sutherlandia™ GeI before applying concurrently with any topical medications.

#### PREGNANCY AND LACTATION

Safety during pregnancy and breastfeeding has not been established.

### DOSAGE AND DIRECTIONS FOR USE

FOR EXTERNAL USE ONLY

Apply to affected areas two to three times per day, or as recommended by your doctor or other registered healthcare professional.

If symptoms persist, your doctor or other healthcare professional should be consulted. If the condition of insect bites does not improve within 2 days, or the condition of nappy rash does not improve within 4 days, or the conditions of bedsores, minor wounds and burns do not improve within 10 days, or the conditions of acne and psoriasis do not improve within 3 months, your doctor or other registered healthcare professional should be consulted.

#### SIDE EFFECTS

Allergic reactions to any natural product can occur in sensitive persons.

#### KNOWN SYMPTOMS OF OVERDOSAGE

Skin irritation may rarely occur. Treatment is symptomatic and supportive.

# IDENTIFICATION

Phyto Nova Sutherlandia™ GeI is a clear geI with a pleasant characteristic fragrance.

# PRESENTATION

Phyto Nova Sutherlandia™ GeI is packed in a 75 ml tube with a white cap.

# STORAGE INSTRUCTIONS

Store at or below 25 °C in a dry place. KEEP OUT OF REACH OF CHILDREN.

### REGISTRATION NUMBER

To be allocated.

# NAME AND ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Oethmaan Biosims (Pty) Ltd 14 Komatie Road Emmarentia Johannesburg, 2195

## DATE OF PUBLICATION OF PACKAGE INSERT

July 2008

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

