

PHYTO NOVA

Warburgia Tablets

SCHEDULING STATUS

S0

PROPRIETARY NAME (and dosage form)

Phyto Nova Warburgia (tablets)

COMPOSITION

Each tablet contains:

Active ingredients:

100 mg of freeze-dried leaf cultivated *Warburgia salutaris*.

Inactive ingredients: Dicalcium phosphate dihydrate, magnesium stearate, starch.

PHARMACOLOGICAL CLASSIFICATION

Western Herbal

D.18.5 Urinary tract antiseptics

PHARMACOLOGICAL ACTION

A number of drimane sesquiterpenes have been isolated from *Warburgia* species. The antifungal and antibacterial activity of these against a range of organisms, including *Staphylococcus aureus*, *Pseudomonas aeruginosa*, *Candida utilis*, *Bacillus subtilis* and *Escherichia coli*, has been demonstrated.

INDICATIONS

Phyto Nova Warburgia is indicated for the symptomatic relief from cystitis and candida/thrush.

CONTRAINDICATIONS

None known.

WARNINGS AND SPECIAL PRECAUTIONS

Ask your doctor or other registered healthcare professional for advice about the use of Phyto Nova Warburgia for children.

INTERACTIONS

None known.

PREGNANCY AND LACTATION

Safety during pregnancy and breastfeeding has not been established.

DOSAGE AND DIRECTIONS FOR USE

Adults and children older than 12 years of age:

Take one (1) to two (2) tablet/s three times a day with meals for five days, unless otherwise directed by your doctor or other registered healthcare professional. If symptoms persist, consult your doctor or registered healthcare professional.

SIDE EFFECTS

Minor side effects reported are occasional incidents of mild loose stool.

KNOWN SYMPTOMS OF OVERDOSAGE

None known

IDENTIFICATION

Pale green tablet weighing 500 mg.

PRESENTATION

White plastic container with green screw cap, containing 30 tablets.

STORAGE INSTRUCTIONS

Store at or below 25 °C in a dry place.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

To be allocated.

NAME AND ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Akacia™ Natural Medicines (Pty) Ltd

4 Brewery Street, Isando

Gauteng, 1609

DATE OF PUBLICATION OF PACKAGE INSERT

September 2011

This medicine has not been evaluated by the Medicines Control Council.

This medicine is not intended to diagnose, treat, cure or prevent any disease.

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Warburgia Tablette

SKEDULERINGSTATUS

S0

EIENDOMSNAAM (en doseervorm)

Phyto Nova Warburgia (tablette)

SAMESTELLING

Elke tablet bevat:

Aktiewe bestanddele:

100 mg gevriesdroogde blare van aangeplante *Warburgia salutaris*.

Onaktiewe bestanddele: Dikalsiumfosfaat dihidraat, magnesiumstearaat, stysel.

FARMAKOLOGIESE KLASIFIKASIE

Westerse Kruid

D.18.5 Urineweg antiseptiese middels

FARMAKOLOGIESE WERKING

'n Aantal bisikliese seskwiterpene is uit *Warburgia* spesies geïsoleer. Die antiswam- en antibakteriële aktiwiteit hiervan teen 'n verskeidenheid organismes, insluitend *Staphylococcus aureus*, *Pseudomonas aeruginosa*, *Candida utilis*, *Bacillus subtilis* en *Escherichia coli*, is aangedui.

INDIKASIES

Phyto Nova Warburgia is aangedui vir die simptomatiëse verligting van sistitis (blaasontsteking) en kandida/sproei.

KONTRA-INDIKASIES

Geen bekend nie.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS

Vra die dokter of professionele gesondheidsorgwerker se advies oor die gebruik van Phyto Nova Warburgia by kinders.

INTERAKSIES

Geen bekend nie.

SWANGERSKAP EN BORSVOEDING

Veiligheid gedurende swangerskap en borsvoeding is nie bepaal nie.

DOSIS EN GEBRUIKSAANWYSINGS

Volwassenes en kinders ouer as 12 jaar:

Neem een (1) tot twee (2) tablet/te drie keer per dag met etes vir vyf dae, behalwe indien dit anders voorgeskryf is deur die dokter of ander professionele gesondheidsorgwerker. Indien simptome volhou, konsulteer jou dokter of professionele gesondheidsorgwerker.

NEWE-EFFEKTE

Ligte newe-effekte wat aangemeld is, is gevalle van effense los stoelgange per geleentheid.

BEKENDE SIMPTOME VAN OORDOSERING

Geen bekend nie.

IDENTIFIKASIE

Liggroen tablet wat 500 mg weeg.

AANBIEDING

Wit plastiekhouer met groen skroefprop, wat 30 tablette bevat.

BEWARINGSINSTRUKSIES

Bêre by of onder 25 °C, op 'n droë plek.

HOU BUITE BEREIK VAN KINDERS

REGISTRASIENOMMER

Sal toegeken word.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Akacia™ Natural Medicines (Edms) Bpk

Brewerystraat 4, Isando

Gauteng, 1609

DATUM VAN PUBLIKASIE VAN DIE VOUBILJET

September 2011

Hierdie medisyne is nie deur die Medisynebeheerraad geëvalueer nie.

Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie.