

SCHEDULING STATUS: S5

PROPRIETARY NAMES AND DOSAGE FORMS
HALOPERIDOL 1.5 OETHMAAN TABLETS
HALOPERIDOL 5 OETHMAAN TABLETS

COMPOSITION
Each HALOPERIDOL 1.5 OETHMAAN TABLET contains: Haloperidol 1.5 mg
Sugar free

Each HALOPERIDOL 5 OETHMAAN TABLET contains: Haloperidol 5 mg
Contains sugar (lactose 85 mg, croscarmellose 20 mg)

HALOPERIDOL 1.5 OETHMAAN TABLET:
Lactose, magnesium stearate

HALOPERIDOL 5 OETHMAAN TABLET:
Lactose, maize starch, croscarmellose, disilicic anhydrous silica, magnesium stearate, hexaopal erythrosin supra.

CATEGORY AND CLASS
A2.6.5 Tranquilisers - Miscellaneous structures

PHARMACOLOGICAL ACTION
Pharmacodynamic Properties
Haloperidol, a butyrophenone, is a neuroleptic agent which produces clinical effects that have been similar to those of the phenothiazines. The actions of dopamine in the brain are inhibited and the turnover of dopamine in the brain increased. It reduces psychomotor activity and has anti-emetic actions.
In low doses, operant behaviour is reduced but spinal reflexes are unchanged. Exploratory behaviour is diminished and responses to a variety of stimuli are fewer, slower and smaller.

Pharmacokinetic properties
After oral administration haloperidol is rapidly absorbed with a mean bioavailability of 60 % (42 to 78 % mean 60 %). The variable bioavailability is due to inter-individual differences in gastrointestinal absorption and extent of first pass hepatic metabolism.
Distribution is rapid to extravascular tissue, haloperidol crosses the blood-brain barrier and is excreted in human breast milk.
Metabolism is by oxidative dealkylation. The elimination half-life is approximately 20 hours, with considerable diurnal variation.

INDICATIONS
Acute and chronic schizophrenia, Mania, Acute psychosis.

CONTRAINDICATIONS
Hypersensitivity to HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN or any of the ingredients, including excipients
HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN should not be used alone where depression predominates.
It is contraindicated in patients with pre-existing central nervous system depression, coma, bone-marrow depression and phaeochromocytoma. It should not be given in conjunction with medicines that might cause leucopenia such as phenylbutazone and thiazolidinediones. The safety in pregnancy and lactation has not been established.

Precautions:
It is not recommended for use in children up to three years of age as they are susceptible to extrapyramidal side-effects, especially dystonias.

WARNINGS AND SPECIAL PRECAUTIONS
The risk/benefit profile of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN in patients with epilepsy, Parkinson's and urinary retention should be considered before starting treatment (see "Special Precautions").
Elderly patients tend to develop higher plasma concentrations of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN because of changes in distribution due to decreases in lean body mass, blood albumin, and often an increase in total body fat composition. These patients usually require lower initial dosage and a more gradual titration of dose.

Special Precautions:
HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN should be used with caution in patients with impaired liver, or history of jaundice, impaired kidney, cardiovascular, cerebrovascular or respiratory function and those with closed-angle glaucoma, Parkinsonism, diabetes mellitus, hypothyroidism, myasthenia gravis, or prostatic hyperplasia.
Caution is required in epileptic patients taking HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN as it lowers the seizure threshold, it should be avoided if possible in untreated epilepsies. Dehydrated and elderly patients, especially those with dementia, may be more prone to adverse effects of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN.

If HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN is used in conjunction with other medicines they may cause postural hypotension an adjustment of dosage may be necessary. Patients should be examined periodically for abnormal skin pigmentation or eye changes and HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN will not respond. Drowsiness is often experienced at the start of treatment with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN and patients should be advised not to take charge of vehicles or other machinery during this period.
The effects of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN on the vomiting centre may mask symptoms of overdose of other agents, or of disorders such as gastrointestinal obstruction.
Caution should be taken during administration at extremes of temperature as it may be hazardous since temperature regulation is impaired by HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN.

Direct exposure to sunlight is not recommended.
Blood counts are advised if the patient develops unexplained infections.
Peripheral anticholinergic effects of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may also decrease or inhibit salivary flow especially in middle-aged or elderly patients, thus contributing to the development of dental caries, periodontal disease, oral candidiasis, and discomfort. The leucopenic and thrombocytopenic effects of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may result in increased incidence of microbial infection, delayed healing, gingival bleeding. If leucopenia or thrombocytopenia occurs, dental work should be deferred until blood counts have returned to normal. Patients should be instructed in proper oral hygiene, including proper use of toothbrushes, dental floss and toothpicks.

Effects on the ability to drive and use of machines
Drowsiness is often experienced at the start of treatment with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN and patients should be advised not to take charge of vehicles or other machinery during this period.

HALOPERIDOL 5 OETHMAAN contains lactose.
Patients with the rare hereditary conditions of galactose intolerance, g. galactosaemia, Lapp lactase deficiency, glucose, galactose malabsorption or fructose intolerance should not take HALOPERIDOL 5 OETHMAAN. Lactose may have an effect on the glycaemic control of patients with diabetes mellitus.

INTERACTIONS
Alcohol and central nervous system depressants:
When these agents are taken together with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN, they result in increased central nervous system and respiratory depression and increased hypotensive effects. Alcohol intoxication may also be potentiated. Alcohol may lower the threshold of resistance to neurotoxic side effects.
Antiarrhythmics and halofantrine:
Concurrent administration of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN with antiarrhythmics that prolong the QT-interval may potentiate ventricular arrhythmias.
Guanethidine and other adrenergic neurone blockers:
When given together the antihypertensive action of guanethidine and other adrenergic neurone blockers are reduced.
Anticholinergic agents:
Agents with anticholinergic activity, including tricyclic anti-depressants and the antipsychotic/antiparkinsonian agents, adverse effects may be potentiated.
HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN: The concurrent use of tricyclic antidepressants, neuroleptics, monoamine oxidase (MAO) inhibitors or trazodone with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may prolong and intensify the sedative and anticholinergic effects of either these medicines or of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN.

Floxacillin:
The concurrent use of floxacillin with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN will potentially increase the risk of central nervous system side effects, particularly extrapyramidal reactions.
Antidiabetic agents:
HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may cause hypoglycaemia or impair glucose tolerance - the dose of oral hypoglycaemics or insulin may need to be increased in diabetes.
Anticonvulsants including barbiturates:
Concurrent use of these agents with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may cause a change in patient and/or frequency of epileptiform seizures, dosage adjustments of anticonvulsants may be necessary; serum concentration HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may be significantly reduced by these agents.
Antibacterial agents:
Accelerated HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN clearance occurred in the presence of rifampicin. Black galeotomites occurred in patients receiving concomitant therapy with neuroleptics, perhexiline, amitriptyline, hydrochloride and diphenhydramine hydrochloride.
Anticoagulants, coumestins and indandione-derivatives: Concurrent use with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may either increase or decrease anticoagulant activity of these agents; although clinical significance has not been determined, caution is recommended.
Lithium:
Concurrent use of lithium and HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN in high doses may cause irreversible neurological toxicity and brain damage, especially in patients with organic mental syndrome or other central nervous system impairment, extrapyramidal symptoms may be increased by HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN enhancement of dopamine blockade.
Antidotes:
The plasma concentrations of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN were significantly lowered after administration of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN with an aluminium hydroxide and magnesium trisilicate antacid.

Motoclopramide:
Concurrent administration may increase the risk of anti-cholinergic-induced extrapyramidal effects.
Antipsychotic agents or anticholinergics:
Concurrent use with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may intensify anticholinergic side-effects. Patients are advised to report gastrointestinal problems since paralytic ileus may occur with concurrent use. Dosage adjustments may be necessary.
Bromocriptine:
Concurrent use with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN increases serum prolactin concentrations and interferes with the effects of bromocriptine. Dosage adjustments of bromocriptine may be necessary.
Bupropion:
Concurrent use with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may lower the seizure threshold and increase the risk of major motor seizures.
Dopamine:
Concurrent use may antagonise peripheral vasoconstriction produced by high doses of dopamine because of the adrenergic blocking action of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN.
Levodopa or pergolide:
Concurrent use may decrease the therapeutic effects of these agents because of blockade of dopamine receptors by HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN.
Metaraminol:
HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN decreases, but does not reverse or completely block, the pressor response to metaraminol, because of the adrenergic blocking action of haloperidol.
Methylopa:
Concurrent use with HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN may cause unwanted mental effects such as disorientation and slowed or difficult thought processes.
HUMAN REPRODUCTION
The safety of HALOPERIDOL 1.5 OETHMAAN and HALOPERIDOL 5 OETHMAAN in pregnancy and lactation has not been established.

DOSAGE AND DIRECTIONS FOR USE
The dosage range may vary between 1 mg and 200 mg per day, depending on the condition and the individual's response to treatment.
Adults: Treatment may be started at 6 to 12 mg daily which may be increased up to 45 mg daily. Up to 200 mg per day has been given in certain cases. When an adequate response is obtained the patient can usually be maintained at a dosage of 1.5 to 3 mg daily. The dosage should be reduced to half of that of the adult dosage in the elderly and debilitated patients.
Child: Recommended dosage: 0.05 mg per kg body mass per day in 2 divided doses (see "CONTRA-INDICATIONS").

SIDE EFFECTS
Nervous system disorders:
A variety of neurological syndromes, involving particularly the extrapyramidal system may occur. Some appear concomitantly with the administration of the medicine, and some are late appearing syndromes that occur following prolonged treatment for many months or years. The syndromes and their clinical features are:
Extrapyramidal effects:
Frequent: Akathisia (motor restlessness, not anxiety or agitation), acute dystonic reactions (spasms of muscles of tongue, face, neck and back, may mimic seizures, not hysterical) and Parkinsonian syndrome (bradykinesia, rigidity, variable tremor, mask face and shuffling gait).
Less frequent: Tardive dyskinesia (oral-facial dyskinesia, widespread choreo-athetosis), neuroleptic malignant syndrome, perioral tremor or "rabbit" syndrome (may be a late variant of Parkinsonism).
Antisickness effects:
Frequent: Dry mouth, constipation, blurred vision, mydriasis, tachycardia, electrocardiographic changes (particularly Q- and T-wave abnormalities) and cardiac arrhythmias.
Less frequent: Difficulty with micturition, hypotension (usually orthostatic).
General nervous system effects:
Less frequent: Dizziness, agitation, catatonik-like states, insomnia, drowsiness, dizziness, sweating, convulsions and depression has been reported. Body temperature regulation is impaired and may result in hypo- or hyperthermia depending on the environment.
Cardiac disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: ECG changes.

Reproductive system and breast disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Changes in menstrual period (amenorrhoea, galactorrhoea), swelling or soreness in breasts in females and unusual secretion of milk.
Less frequent: Inhibition of ejaculation, impotence, priapism and gynaecomastia.

Metabolic and nutritional disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Weight gain.
Less frequent: Decreased thirst, loss of weight may occur with high doses.
Skin disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: A syndrome resembling systemic lupus erythematosus has been reported. Deposition of pigment in the skin and photosensitivity reactions may also occur.

Respiratory disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Nasal congestion.
Eye disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Deposition of pigment in the eye, corneal and lens opacities.
Endocrine disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Hyperglycaemia and altered glucose tolerance.

Hepato-biliary disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Alterations in liver function tests and jaundice (probably of immunological origin).
Blood and lymphatic system disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Haemolytic anaemia, aplastic anaemia, thrombocytopenic purpura, and a potentially fatal agranulocytosis have occasionally been reported. Mild leucopenia occurred in some patients with prolonged therapy and high dosage.
Vascular disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Oedema.

Gastrointestinal disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Gastrointestinal disturbances, nausea and vomiting.
Renal and urinary disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Urinary retention.

General disorders:
The following side effects have been reported but frequencies are unknown:
Less frequent: Hypersensitivity reaction (urticaria, exfoliative dermatitis, erythema multiforme, contact sensitivity).
There have been isolated reports of sudden deaths with phenothiazines, including haloperidol. Possible causes include cardiac arrhythmias or aspiration and asphyxia due to suppression of the cough and gag reflexes.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:
Deaths from overdose have been reported. Clinical effects of overdose is usually the exaggeration of adverse effects, i.e. severe breathing difficulty, dizziness, severe drowsiness or comatose state; severe muscle trembling; jerking; stiffness; or uncontrolled movements, severe tiredness or weakness.
Treatment of overdose:
In severe overdose the stomach should be emptied by aspiration and lavage, followed by immediate administration of activated charcoal.
Further treatment is symptomatic and supportive.

IDENTIFICATION
HALOPERIDOL 1.5 OETHMAAN: White, biconvex, round tablets 7 mm in diameter.
HALOPERIDOL 5 OETHMAAN: Pink, round, flat tablets with bevelled edges, 8 mm in diameter and scored on one side.

PRESENTATION
HALOPERIDOL 1.5 OETHMAAN:
80 or 100 tablets in securantainers, amber glass containers, sealed aluminium bags or blister.
500 tablets in securantainers, amber glass containers or blisters.
HALOPERIDOL 5 OETHMAAN:
28, 30, 84 or 100 tablets in securantainers, amber glass containers, sealed aluminium bags or blisters.
500 tablets in securantainers, amber glass containers or blisters.
14 or 56 tablets in securantainers, sealed aluminium bags or blisters.

STORAGE INSTRUCTIONS
Store well closed in a dry place at or below 25 °C.
KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER
HALOPERIDOL 1.5 OETHMAAN: Q/2.6.5/160
HALOPERIDOL 5 OETHMAAN: Q/2.6.5/170

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